

Learn the Signs. Act Early.

The journey of your child's early years includes many developmental milestones for how he or she plays, to learn what to look for in your child. Talk with your child's doctor about these milestones.

Not reaching these milestones, or reaching them much later than other children, could be a sign of a developmental delay.

If you have concerns about your child's development and live within Amador, Calaveras, San Joaquin, Stanislaus or Tuolumne counties, here is who you can call for further support:

Regional Center, Early Start Program

Valley Mountain Regional Center (VMRC)

- **Stockton**

702 N. AURORA, STOCKTON, 95202
209-473-0951 • vmrc.net

- **San Andreas**

704 MOUNTAIN RANCH ROAD, #203, SAN ANDREAS, 95249
209-754-1871 • vmrc.net

- **Modesto**

1820 BLUE GUM AVENUE, MODESTO, 95358
209-529-2626 • vmrc.net



Centers for Disease
Control and Prevention

www.cdc.gov/ActEarly
1-800-CDC-INFO

Family Resource Center

Family Resource Network

5250 CLAREMONT AVENUE, #148, STOCKTON 95207
209-472-3674 OR 800-847-3030
frcn.org

Special Education Local Plan Areas (SELPA)

Amador County SELPA

amadorcoe.org/special-education
209-257-5330

Calaveras County SELPA

ccoe.k12.ca.us/apps/pages/index.jsp?uREC_ID=1093533&type=d&pREC_ID=1378257
209-736-6016

Lodi Unified SELPA

<https://www.lodiUSD.net/district/student-support-services/special-education>
209-331-7061

Modesto City Schools SELPA

mcs4kids.com/parents/academics/special-education
209-574-1623

San Joaquin SELPA

sjcoe.org/SELPA/
209-468-4925

Stockton Unified SELPA

stocktonUSD.net/Domain/157
209-933-7120

Stanislaus County SELPA

stanselpa.org
209-541-2333

Tuolumne County SELPA

tcos.us/special-education-local-plan-area-selpa/
209-536-2040



Track Your Child's Developmental Milestones

For parents of children from birth to 4 years



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Your child's early development is a journey. Use this map of milestones to know what to look for along the way.

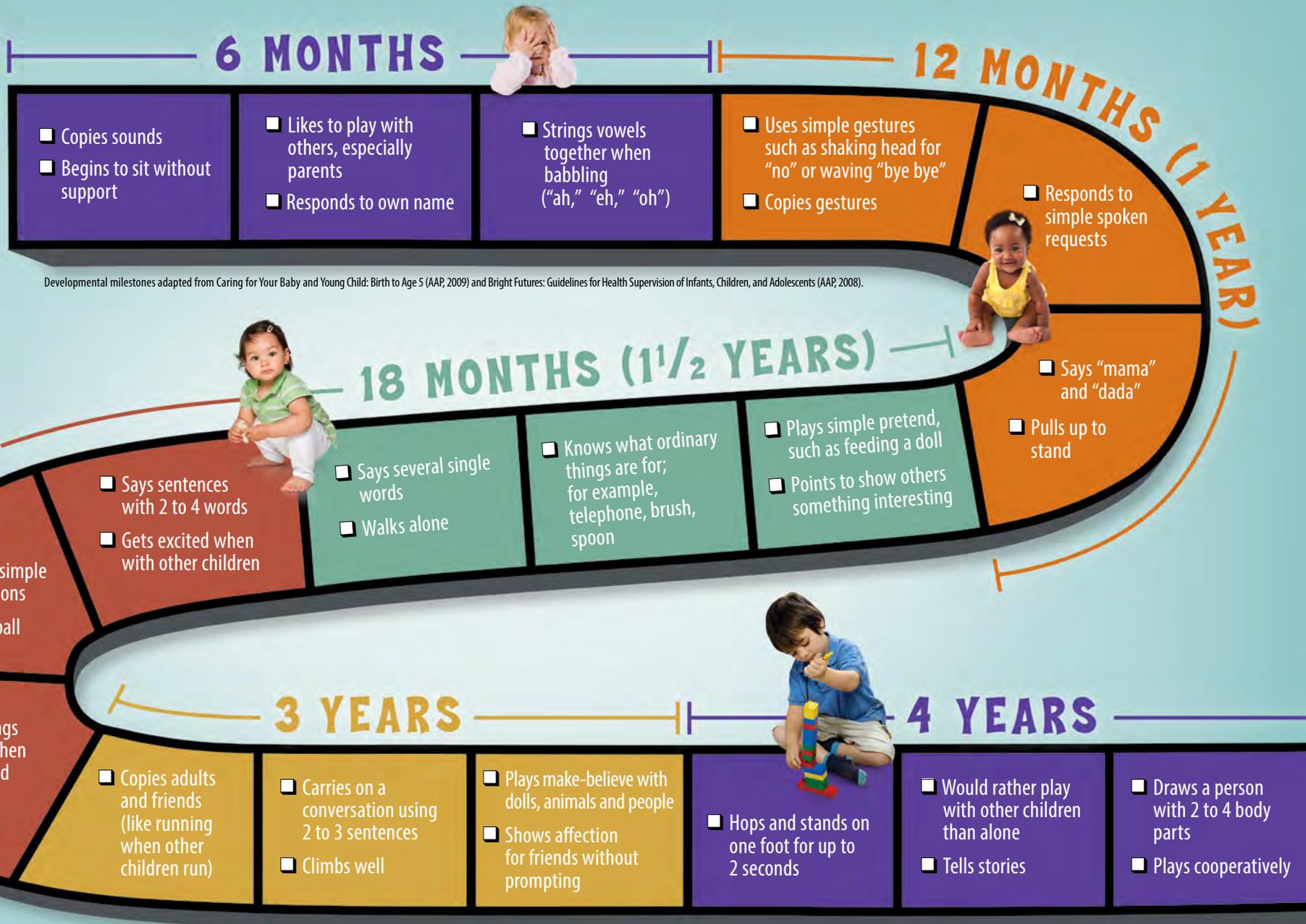
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Your Child's Early Development is a Journey

Check off the milestones your child has reached and share your child's progress with the doctor at every visit.



Developmental milestones adapted from Caring for Your Baby and Young Child: Birth to Age 5 (AAP, 2009) and Bright Futures: Guidelines for Health Supervision of Infants, Children, and Adolescents (AAP, 2008).

These are just a few of many important milestones to look for. For more complete checklists by age visit www.cdc.gov/ActEarly or call 1-800-CDC-INFO.