

## Learn the Signs. Act Early.

**T**he journey of your child's early years includes many developmental milestones for how he or she plays, learns, speaks, and acts.

Look inside to learn what to look for in your child. Talk with your child's doctor about these milestones.

Not reaching these milestones, or reaching them much later than other children, could be a sign of a developmental delay.

**YOU KNOW YOUR CHILD BEST.** *If you are concerned about your child's development, talk to the doctor. If you have concerns about your child's development and live within Santa Clarita or Antelope Valley, here is who you can call for further support:*

### North Los Angeles County Regional Center

#### Antelope Valley Office

43210 GINGHAM AVENUE, SUITE 6  
LANCASTER, CALIFORNIA 93535  
(661) 945-6761



#### Santa Clarita Valley Office

25360 MAGIC MOUNTAIN PARKWAY, SUITE 150  
SANTA CLARITA, CALIFORNIA 91355  
(661) 775-8450

### Family Focus Resource Center



#### Antelope Valley Location

43210 GINGHAM AVENUE, LANCASTER, CA 93535  
(661) 945-9598

#### Santa Clarita Valley Location

25360 MAGIC MOUNTAIN PARKWAY, SUITE 150  
SANTA CLARITA, CA 91355  
(661) 294-9715

## Special Education Local Plan Areas (SELPA)

### Antelope Valley SELPA

38345 30TH STREET, EAST, A-2  
PALMDALE, CA 91355  
(661) 274-4136 • [www.avspecaled.com](http://www.avspecaled.com)



### The Antelope Valley SELPA School Districts are:

- Acton-Agua Dulce Unified S.D. (661) 269-5999
- Eastside Union School District (661) 952-1225
- Gorman School District (661) 248-6441
- Hughes-Elizabeth Lakes Union S.D. (661) 724-1231
- Keppel Union School District (661) 944-2155
- Lancaster School District (661) 948-4661
- Palmdale School District (661) 947-7191
- Westside Union School District (661) 722-0716
- Wilsona School District (661) 264-1111
- Antelope Valley Union High S.D. (661) 948-7655

### Santa Clarita Valley SELPA

24930 AVENUE STANFORD  
SANTA CLARITA, CA 91355  
(661) 294-5398 • [www.scvselpa.org](http://www.scvselpa.org)



### The Santa Clarita Valley SELPA School Districts are:

- Early Start Program (661) 294-5332
- Castaic Union School District (661) 257-4500
- Newhall School District (661) 291-4182
- Saugus Union School District (661) 294-5309
- Sulphur Springs Union S.D. (661) 252-5131
- William S. Hart Union High S.D. (661) 259-0033



Centers for Disease  
Control and Prevention  
[www.cdc.gov/ActEarly](http://www.cdc.gov/ActEarly)  
1-800-CDC-INFO



# Track Your Child's Developmental Milestones

*For parents of children from birth to 5 years*



Learn the Signs. Act Early.

*Your child's early development is a journey. Use this map of milestones to know what to look for along the way.*

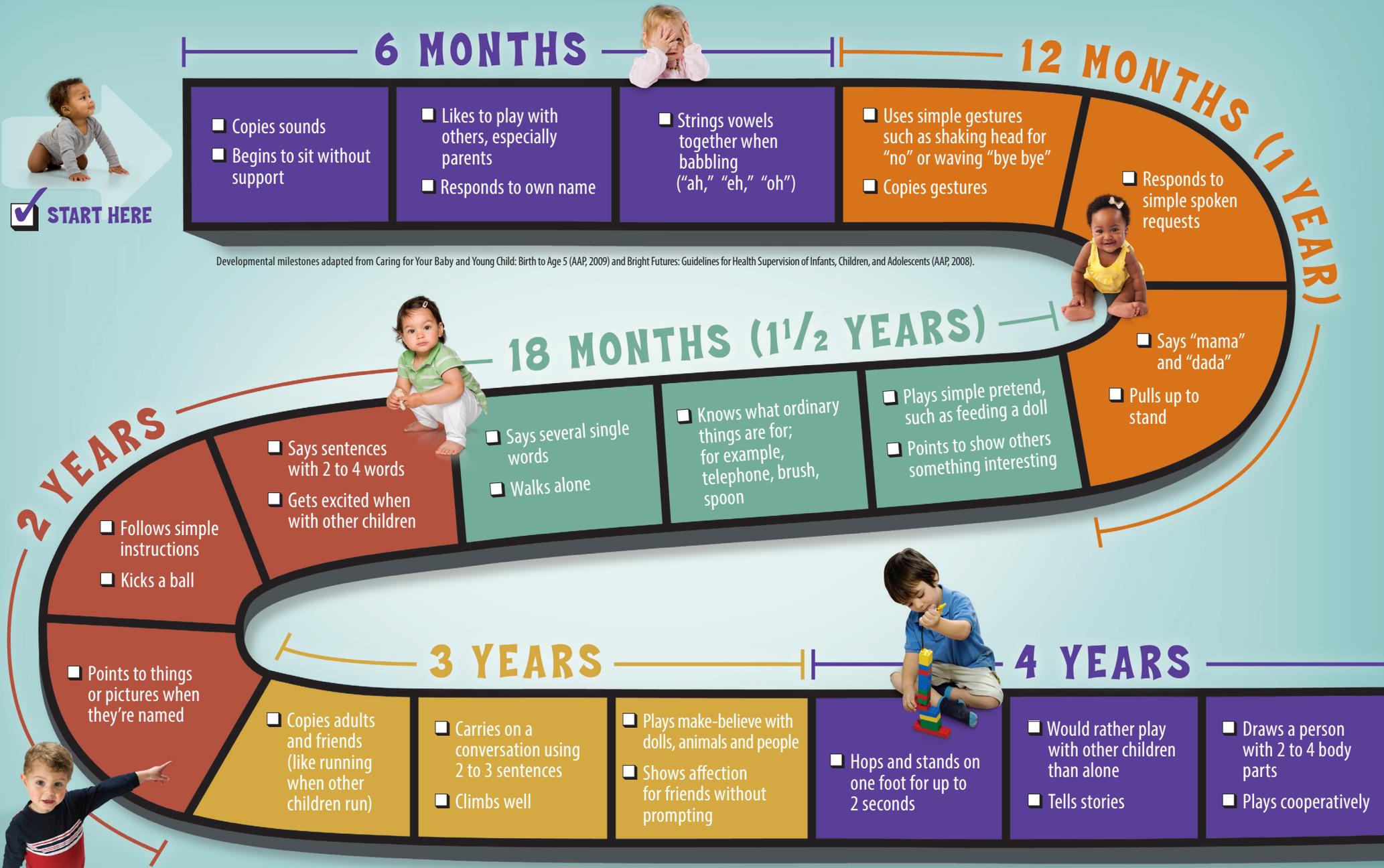
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[captain.ca.gov](http://captain.ca.gov)

# Your Child's Early Development is a Journey

Check off the milestones your child has reached and share your child's progress with the doctor at every visit.



Developmental milestones adapted from Caring for Your Baby and Young Child: Birth to Age 5 (AAP, 2009) and Bright Futures: Guidelines for Health Supervision of Infants, Children, and Adolescents (AAP, 2008).

These are just a few of many important milestones to look for. For more complete checklists by age visit [www.cdc.gov/ActEarly](http://www.cdc.gov/ActEarly) or call 1-800-CDC-INFO.