The journey of your child’s early years includes many developmental milestones for how he or she plays, to learn what to look for in your child. Talk with your child’s doctor about these milestones.

Not reaching these milestones, or reaching them much later than other children, could be a sign of a developmental delay.

If you have concerns about your child’s development contact your local Family Resource Center or school district Special Education Local Plan Area (SELPA):

- **Far Northern Regional Center**
  Serving Butte, Glenn, Modoc, Plumas, Shasta, Siskiyou, Tehama & Trinity Counties
  530-222-4791 Redding
  530-895-8633 Chico
  farnorthernrc.org

- **Rowell Family Empowerment of Northern California**
  Serving Butte, Glenn, Shasta, Siskiyou, Tehama & Trinity Counties
  530-226-5129
  empoweryourfamily.org

- **Lassen Child & Family Resources**
  Serving Lassen, Modoc & Plumas Counties
  336 Alexander Avenue, Susanville, CA 96130
  530-257-9781
  lassencfr.com

**Special Education Local Plan Areas (SELPA)**

- **Butte County Office of Education - SELPA**
  530-532-5621
  selpa.bcoe.org

- **Glenn County Office of Education - SELPA**
  530-865-1267
  www.glenncoe.org

- **Lassen County Office of Education - SELPA**
  530-257-7266
  lcoe.org

- **Modoc County Office of Education - SELPA**
  530-233-7110
  www.modocoe.k12.ca.us

- **Plumas County Office of Education - SELPA**
  Plumas Unified School District
  530-283-6557
  www.pcoe.k12.ca.us

- **Shasta County Office of Education - SELPA**
  530-225-0100
  shastacoe.org/programs-services/selpa

- **Siskiyou County Office of Education - SELPA**
  530-842-8432
  siskiyoucoe.net/Page/140

- **Tehama County Office of Education - SELPA**
  530-527-8562
  tehamaschools.org/department/special-education/selpa

- **Trinity County Office of Education - SELPA**
  530-623-2861
  www.tcoek12.org

Learn the Signs. Act Early.

- **BUTTE, GLENN, LASSEN, MODOC, PLUMAS, SHASTA, SISKIYOU, TEHAMA & TRINITY COUNTIES**

For parents of children from birth to 4 years

Learn the Signs. Act Early.

Centers for Disease Control and Prevention
www.cdc.gov/ActEarly
1-800-CDC-INFO

C.A.P.T.A.I.N.
California Autism Professional Training and Information Network
captain.ca.gov
Your Child’s Early Development is a Journey

Check off the milestones your child has reached and share your child’s progress with the doctor at every visit.

6 MONTHS

- Copies sounds
- Begins to sit without support
- Likes to play with others, especially parents
- Responds to own name
- Strings vowels together when babbling (“ah,” “eh,” “oh”)
- Uses simple gestures such as shaking head for “no” or waving “bye bye”
- Copies gestures
- Responds to simple spoken requests
- Plays simple pretend, such as feeding a doll
- Points to show others something interesting
- Says “mama” and “dada”
- Pulls up to stand
- Follows simple instructions
- Kicks a ball
- Says sentences with 2 to 4 words
- Gets excited when with other children
- Walks alone
- Knows what ordinary things are for; for example, telephone, brush, spoon
- Plays simple pretend, such as feeding a doll
- Points to show others something interesting
- Would rather play with other children than alone
- Talks stories
- Draws a person with 2 to 4 body parts
- Plays cooperatively

12 MONTHS (1 YEAR)

18 MONTHS (1½ YEARS)

2 YEARS

3 YEARS

4 YEARS

These are just a few of many important milestones to look for. For more complete checklists by age visit www.cdc.gov/ActEarly or call 1-800-CDC-INFO.