

*It is our mission for CAPTAIN to help to establish trainer of trainers at the local level on ASD and to support a common set of accepted Evidence Based Practices (EBPs), to connect providers from various agencies in hopes of establishing/strengthening local networks and facilitating cross agency communication and training. There are three **Impact Goals** we are hoping local teams can influence through your collaborative work:*

1. *Increase knowledge about ASD and EBPs within your communities*
2. *Increase implementation and fidelity of use of the identified EBPs by providers and implementers*
3. *Improve and increase collaboration between the various agencies serving and supporting individuals with ASD within your communities (e.g. schools, regional centers, FRCs, vendors/nonpublic providers, mental health providers, etc.)*

In order to work toward these outcomes, we have set the following objectives/requirements for the CADRE members:

#### **ALL**

- Complete "ASD Across the Lifespan" Online Class through Coursera
- Complete annual CAPTAIN online survey
- Participate in Annual CAPTAIN Summit
- Participate in local CAPTAIN collaborative meetings/activities to implement local plans (quarterly)

#### **Requirement of SELPA Nominated Cadre Members:**

- Provide trainings for your SELPA on "Overview of ASD, CAPTAIN and EBPs for ASD" (at least 1 per year)
- Provide 3 Trainings in Specific EBP's
- Provide implementation coaching for 3 teachers/programs within your SELPA using implementation checklists and coaching process OR Train 3 additional coaches on CAPTAIN Model of training and coaching EBPs for ASD
- Meet with SELPA Leadership to discuss and plan for local implementation of EBPs and Regional Plans

#### **Requirements of Regional Center Nominated Cadre Members**

- Provide trainings for Service Coordinators/RC Staff on "Overview of ASD, CAPTAIN and EBPs for ASD" (at least 1 per year)
- Provide Training to Vendors on "Overview of ASD, CAPTAIN EBPs for ASD" (at least 3 per year)
- Meet with your RC Leadership to discuss ways to increase understanding and use of EBPs and Implementation of Regional Plans
- Participate in Quarterly ARCA sanctioned ASD Coordinators Meetings

#### **Requirements of Family Support Agency (FRC/FEC/UCEDD/LEND) Nominated Cadre Members :**

- ❑ Share information with your support organization staff about CAPTAIN, EBPs for ASD and LTSAE resources so that they may assist with information dissemination (Does not need to be a formal training, but Cadre must commit to sharing with their staff)
- ❑ Act as a LTSAE "Deputy Ambassador," which includes assisting with Regional Milestones Brochure development and dissemination to support child find

In addition, as a member of CAPTAIN you are a vital part of your Regional Implementation Team. **All Cadre members are required to attend quarterly Regional Implementation Team (RIT) meeting.** These meetings are an opportunity to share resources, work on your RIT goals, and troubleshoot barriers to implementation and collaboration within your region. How these meetings are structured can help your collaboration process. Here is a **suggestion** for how to organize your quarterly meetings:

Meeting 1 after summit:

- Establish roles & responsibilities (facilitator, note taker, snack person, etc.)
- Schedule all meetings for the coming year (or have a doodle poll person).
- Review or complete GAS goals.
- Break into workgroups or committees to establish work plans for your GAS goals.

Meetings 2 – 3:

- Report out on workgroup activities
- Guest speaker or program showcase

Meeting 4 Before Summit:

- Review all GAS goals and rate your RIT completion
- Prepare for CAPTAIN Showcase (poster to share back with Cadre at the Summit)

### How'd we do?

Reflect on your work from the past year. Take a few minutes to celebrate your successes!! Evaluate your goals from last year's plan. Discuss those things that contributed to success and may have been obstacles or barriers. Next, think about, share and discuss ways your regional CAPTAIN chapter can work together to accomplish the core impact goals of CAPTAIN. Develop your 2016-17 goals and have fun!!!

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## Regional Implementation Team

Region: Central Valley

Name of RIT: Central Valley CAPTAIN

Goal Area	GAS Score	What influenced our accomplishments?	What were Barriers to our work?
<b>1. Increase knowledge about ASD and EBPs in our community</b>	+1	<ul style="list-style-type: none"> <li>*Meetings for annual conference</li> <li>*BCBAs</li> <li>*Embraced funding for autism programs, increased programs (CAPTAIN influence)</li> <li>*Online training modules- made trainings to service coordinators, teachers, others, easier to plan. Served as curriculum</li> <li>*Collaboration of this group- supporting each other</li> <li>*Sharing ideas/networking across districts/agencies</li> <li>*Support of the DCC</li> <li>*Support of Focus On Unity in Education- FOU-E</li> <li>*District hosting event at Clovis North</li> <li>*Interagency collaboration</li> <li>*Supportive administrators</li> <li>*Developed a communication system, set expectations</li> <li>*Coordination with administration</li> </ul>	<ul style="list-style-type: none"> <li>*Money</li> <li>*Time</li> <li>*Ability to find expertise staff (hiring, keeping)</li> <li>*Hiring trained teachers/teacher shortage</li> <li>*Turn over</li> <li>*Not Supportive admin/aware</li> <li>*Union</li> </ul>
<b>2. Increase implementation and fidelity of use of the identified EBPs by providers and implementers</b>	-1	<ul style="list-style-type: none"> <li>*Data Collection</li> <li>*EBP Implementation</li> <li>*Creating coaching sessions based on data (rethink) (54 programs)</li> <li>*BCBAs</li> <li>*Incorporated financial support through LCAP</li> <li>*Online training modules- made trainings to service coordinators, teachers, others, easier to plan. Served as curriculum</li> <li>*Support of the DCC</li> <li>*Supportive administrators</li> <li>*Coordination with administration</li> </ul>	<ul style="list-style-type: none"> <li>*Money</li> <li>*Time</li> <li>*Differing goals/programs within the SELPA if not coordinating/communicating (SELPA vs District)</li> <li>*Ability to find expertise staff (hiring, keeping)</li> <li>*Finding a teacher all year long (trying to make it fit within the role)</li> <li>*Feels to clinical for school setting</li> <li>*Feel that requirements are limiting and not reflective of the work we are doing</li> <li>*Hiring trained teachers/teacher shortage</li> <li>*Turn over</li> <li>*Not Supportive admin/aware</li> <li>*Union</li> </ul>
<b>3. Improve and increase collaboration between the various agencies serving and supporting individuals with ASD (done all together)</b>	0	<ul style="list-style-type: none"> <li>*Meetings for annual conference</li> <li>*Embraced funding for autism programs, increased programs (CAPTAIN influence)</li> <li>*Collaboration of this group- supporting each other</li> <li>*Sharing ideas/networking across districts/agencies</li> <li>*Support of the DCC</li> <li>*Support of Focus On Unity in Education- FOU-E</li> <li>*District hosting event at Clovis North</li> <li>*Interagency collaboration</li> <li>*Supportive administrators</li> <li>*Developed a communication system, set expectations</li> <li>*Coordination with administration</li> </ul>	<ul style="list-style-type: none"> <li>*Money</li> <li>*Time</li> <li>*Ability to find expertise staff (hiring, keeping)</li> <li>*Not Supportive admin/aware</li> </ul>

**Regional Chapter Name:** Central Valley **Regional Facilitator** Ananda Aspen & Laura Lavery

**CAPTAIN Liaison** Liza Stack/Farah McGovern

**Brainstorm on New Projects and Collaborations**

*(see list below for inspiration, but don't limit your team to the ideas listed)*

*How can our organizations **work together on training for staff and families?***

- Provide a presentation to CAC*
- Conduct a collaborative parent training*
- Hold regional conference showcasing EBP's*
- Cross training for new staff*
- Develop/establish demonstration sites within our region for various EBPs*
- Hold a make and take for families or new teachers*
- Other* \_\_\_\_\_

*How can our organizations work together **to provide updates** to each other on relevant policy and practice changes that impact services to those with ASD?*

- Customize and distribute the LTSAE Milestones Brochure*
- Create a regional CAPTAIN social media site with links to CAPTAIN*
- Quarterly meetings with "Hot Topics" presentations from each agency*
- List serve/newsletter*
- Other* \_\_\_\_\_

*How can our Regional Implementation Team **connect with other agencies** in our area that need to become a part of this network?*

- Post CAPTAIN brochures at our agencies and distribute to other key stakeholder groups (e.g. Higher Ed., Vendors/Providers, Local Support and Advocacy Groups)?*
- Give presentations at community colleges, teacher training programs or local advocacy groups*
- Other* \_\_\_\_\_

*What **project, conference or product** could our regional team develop (EBP conference, regional brochure, table at Autism Walk, CAPTAIN Newsletter, etc.)?*

- Customize and distribute the LTSAE brochure*
- Other* \_\_\_\_\_

**Goal Area 1: Increasing knowledge about ASD & EBPs in our community**

<b>Current Level of Performance Data gathered on (0)</b>	Received introduction on brochure that we will be creating
<b>Initial Objective (1)</b>	Assign a deputy ambassador
<b>Secondary Objective (2)</b>	Check the contact information and the spanish speaking phone numbers- ambassador to send info to everyone
<b>Expected Level of Outcome (3)</b>	<b>1. Customize and distribute the LTSAE Milestones brochure (20 ) brochures to 20 agencies.</b>
<b>Exceeds Expected Outcome (4)</b>	Add a LTSAE slide to the overview of ASD presentation

**Goal Area 2: Increase implementation and fidelity of use of the identified EBPs by providers and implementers**

<b>Current Level of Performance Data gathered on (0)</b>	Coaching is varied and inconsistent
<b>Initial Objective (1)</b>	Attend a foundational training/self study on coaching
<b>Secondary Objective (2)</b>	Develop a consistent/useable format for CV CAPTAIN
<b>Expected Level of Outcome (3)</b>	Use this format with at least 25 participating coached people from our entire represented region.
<b>Exceeds Expected Outcome (4)</b>	Use this format with at least 25 participating coached people and at least 18 of them meet fidelity (they are eligible for CAPTAIN certificate nomination)

**Goal Area 3: Improve and increase collaboration between the various agencies serving and supporting individuals with ASD**

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<b>Current Level of Performance Data gathered on (0)</b>	Desire for more knowledge about how different agencies work and awareness that silos exist
<b>Initial Objective (1)</b>	Identify agencies that are involved or should be involved in transitions for adults (16 and above)
<b>Secondary Objective (2)</b>	Have a meeting with SELPAs (PMs, teachers, etc), Family support agencies and CVRC to discuss what they do (services)
<b>Expected Level of Outcome (3)</b>	Flowchart detailing responsibilities/action steps
<b>Exceeds Expected Outcome (4)</b>	Provide a training for parents that details the transition from school to adult services with SELPAs

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## Contact List

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