CAPTAIN X
One year later...
After attending the 2015 South Summit... we were inspired!
We made it our mission to promote the use of the 27 Evidence-Based Practices in our region with our very own CAPTAIN X products.
We created our own BROCHURE
WHAT IS CAPTAIN X?

CAPTAIN is a multiagency network developed to support understanding and use of Evidence Based Practices (EBPs) for individuals affected by Autism Spectrum Disorder (ASD) across the state. CAPTAIN X is a local chapter of CAPTAIN.

CAPTAIN X is dedicated to the following:

• Providing trainings, coaching, and resources in EBPs to local school districts and parents
• Emphasizing how to use EBPs to:
  • assist students in accessing the Least Restrictive Environment
  • assist students in improving social communication and social interactions
  • assist students in decreasing behavioral excesses
• Providing ongoing training, support, and technical assistance to implement EBPs and ensure fidelity of implementation
• Supporting the development of local multiagency collaborations to support consistent use of EBPs
• Providing an annual local conference that emphasizes the use of EBPs to enhance success for children with ASD at school and in the community
• Providing information and outreach to other interested stakeholders and provider groups who could benefit from learning more about EBPs

For Additional information please contact your local CAPTAIN X representative:

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Our Quarterly Newsletters

CAPTAIN X Newsletter Volume 1

What is CAPTAIN?
CAPTAIN or California Autism Professional Training and Information Network is a multiagency network developed to support the understanding and use of Evidence Based Practices for individuals affected by Autism Spectrum Disorder across the state.

Who is CAPTAIN X?
CAPTAIN X (Region 10) is your local group of autism professionals composed of cadre members nominated by SELPA, Regional Centers, and Family Resource/Family Empowerment Centers. They receive training through the CAPTAIN annual summit so that they can provide local training, implementation coaching, cross agency collaboration, and dissemination of the EBPs at the local level. Cadre members have access to the MEC-ACD and CAPTAIN training materials and will assist with the statewide distribution of the EBPs by providing support and training locally.

The CAPTAIN X Newsletter
Your CAPTAIN X team will be publishing quarterly newsletters highlighting specific Evidence-Based Practices in more detail. In this issue, you will find the flyer for our 2nd Annual Regional Autism Conference and the charts featuring the 27 EBPs according to developmental domains and age.

CAPTAIN X Newsletter Volume 2

Be Summer Ready!
This issue features evidenced-based strategies, ready-to-use visuals and resources to make the summer season a stress-free time for individuals with autism and their families.

3 Simple Ways to Survive Summer
1. Provide structure – as much as possible, maintain a consistent wake-up time, meal time and bed time schedule to establish routine and predictability.
2. Create a calendar of activities – having a visual or written schedule will help remove your child’s anxiety.
3. Praise positive behavior – remember to reinforce your child for all the appropriate behavior such as waiting in line, sharing, taking turns and being flexible.

CAPTAIN X Newsletter Volume 2

Holiday Edition
This issue features evidenced-based strategies, ready-to-use visuals and resources to make the holiday season a stress-free time for individuals with autism and their families.

Tips to Survive the Holiday Season:
1. Provide structure – as much as possible, maintain a consistent wake-up time, meal time and bed time schedule to establish routine and predictability.
2. Create a calendar of activities – having a visual or written schedule will help remove your child’s anxiety.
3. Praise positive behavior – remember to reinforce your child for all the appropriate behaviors such as waiting in line, sharing, taking turns and being flexible.
Our 2\textsuperscript{nd} Annual Autism Conference

“Preparing for Success Right from the Start”
Region 10 Autism Committee and CAPTAIN X present...

The 2nd Annual Regional Autism Conference
Preparing for Success Right from the Start

Educators, Families & Caregivers of Individuals with Autism
April 19, 2016
Etiwanda Gardens
7576 Etiwanda Ave, Etiwanda, CA 91739
$35 per person – includes Breakfast, Lunch and Choice of 3 Breakout Sessions
Registration & Breakfast
8:00am – 8:30 am
Conference
8:30am – 4:00 pm
Sign Up Early, Space is limited!
Registration Deadline – April 8, 2016

Registration:
http://oms.sbcss.k12.ca.us

Preparation for the future starts in preschool and continues through elementary and secondary education leading into adult life. This all day conference is intended to increase participants’ awareness of the essential skills individuals with autism need for life long success. Participants will walk away from this conference with a toolbox full of evidence-based practices to support individuals with autism in becoming active members of society.

KEY NOTE SPEAKERS:
Sharon Floyd, Autism Spectrum Disorder (A2D) Coordinator, East San Gabriel Valley SELPA
Kelly Lundenberg, Adult with autism, Self-advocate, and an integral member of the autism community

BREAKOUT SESSIONS:
Twelve breakout sessions will be offered. Focus will be placed on using Evidence-Based Practices (EBPs) to develop essential skills for individuals with autism in:
- Preschool
- Elementary School
- Middle & High School
- Home & Community

Registration:
http://oms.sbcss.k12.ca.us

Breakout Session 1 (PLEASE NUMBER 1-4 IN ORDER OF PREFERENCE)
- How Do I Teach This Kid! Establishing Behavioral Control: Utilizing Reinforcement to Educate Young Children with Autism
- Using Task Analysis and Visual Supports to Introduce Vocational and Adaptive Skills, From the Elementary Perspective
- Teaching Essential Skills to Survive Adolescence & Autism
- Fostering Daily Independence in Your Child using Visual Supports

Breakout Session 2 (PLEASE NUMBER 1-4 IN ORDER OF PREFERENCE)
- Making Requests: Teaching Functional Communication in Preschool
- Using Antecedent Based Intervention and Reinforcement, From the Elementary Perspective
- Social Skills to Teach before Transitioning to Adulthood
- Tell the Story of Success out in the Community using Social Narratives

Breakout Session 3 (PLEASE ORDER 1-4 IN ORDER OF PREFERENCE)
- Panel Discussion – Essential Skills at the Preschool Level
- Panel Discussion – Essential Skills at the Elementary Level
- Panel Discussion – Essential Skills at the Secondary Level
We had 200 participants ...and a wait list
Morning Keynote Speaker: Sharon Floyd (CAPTAIN Leader)
Afternoon Keynote Speaker: Kelly Londenberg (Adult with Autism)
Keynote Talks Evaluation Results
Resource Booths
Our Conference App

The 2nd Annual Regional Autism Conference

My Schedule

Tuesday, April 19

8:00am  Registration
8:30am  Navigating Transition
10:00am Using Visual Supports to Enhance Your Child’s Independent Living Skills
11:15am Tell the Story of Success out in the Community using Social Narratives
12:15pm Lunch
2:30pm  Growing Older with Autism: The Road to Self Sufficiency
Our CAPTAIN X t-shirts
Conference Evaluation Forms

### Conference Evaluation Form

**Morning Keynote Address:** Sharon Floyd - Navigating Transition

<table>
<thead>
<tr>
<th>Item</th>
<th>Strongly Disagree</th>
<th>Strongly Agree</th>
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<tbody>
<tr>
<td>1. The keynote session was relevant and useful.</td>
<td>1 2 3 4 5</td>
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**Session 1:**

- Making Requests
- Antecedent-Based Intervention & Reinforcement
- Teaching Essential Skills
- Task Analysis & Visual Supports
- Visual Supports in Enhancing Independent Living Skills

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<td>4. The presenter was knowledgeable in the subject matter presented.</td>
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<td>5. Overall this presentation met my expectations.</td>
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**Session 2:**

- How Do I Teach This Kid?
- Teaching Tolerance to Everyday Situations
- Antecedent-Based Intervention & Reinforcement
- Tell the Story of Success in the Community

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**Session 3:**

- Panel Discussion - Pre-K/Kindergarten
- Panel Discussion - Elementary
- Panel Discussion - Secondary
- Make & Takes

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### Afternoon Keynote Address: Edie Landersburg - Growing Older with Autism: The Road to Self-Sufficiency

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**Overall Conference Evaluation**

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<td>2. I plan to attend this event when held next year.</td>
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<td>3. The hosts provided information that was beneficial.</td>
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**Additional Comments/Suggestions:**

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### Evidence-Based Practices for Autism

**Please select your top 5 choices for future trainings**

- Assessment based intervention
- Cognitive Behavioral Intervention
- Promoting
- Differential Reinforcement of Alternative, Incompatible, or Other Behavior
- Response Interruption/Redirect
- Discrete Trial Teaching
- Scripting
- Exercise
- Self-Management
- Extinction
- Social Narratives
- Functional Behavior Assessment
- Social Skills Training
- Functional Communication Training
- Structured Play Group
- Modeling
- Task Analysis
- Naturalistic Intervention
- Technology-Aided Instruction Intervention
- Parent-Implemented Intervention
- Time Delay
- Peer Mediated Instruction and Intervention
- Video Modeling
- Picture Exchange Communication System
- Visual Support

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April 10, 2016

Please complete back page
Conference Evaluation Results

OVERALL CONFERENCE EVALUATION

Legend:
1. Overall, the conference met my expectations.
2. I plan to attend this event when held next year.
3. The booths provided information that was beneficial.
4. Overall, the accommodations and services met my expectations.
CAPTAIN X monthly meetings
Follow us:

Username: captain_x
Thank you from CAPTAIN X!