

Learn the Signs. Act Early.

You know your child best

If your child is not meeting milestones or you are concerned about the way your child plays, learns, speaks, acts, or moves, talk with your child's doctor, share your concerns and ask for a developmental screening.

If you or the doctor is still concerned:

1. Ask for a referral to a specialist and,
2. Call for a free evaluation to find out if your child can get services to help:

If your child is under age 3:

Call your state or territory's early intervention program.

Learn more and find the phone number at:
cdc.gov/FindEI

If your child is age 3 or older: Call any local public elementary school.

For more on how to help your child, visit
cdc.gov/ActEarly or call 1-800-232-4636

Don't Wait.

Acting early can make a real difference!

See below for a list of local resources

Regional Center - Early Start Programs

Regional Center of Orange County

nbrc.org

East, Central, North area: 714-796-5100

West area: 714-796-2900

Comfort Connection Family Resource Center

714-558-5400 • rccodd.com/ccfrc

First 5 Orange County

714-834-5310 • first5oc.org

Children's Home Society of California-Orange

714-456-9800 • chs-ca.org

Team of Advocates for Special Kids

(special education support and referrals)

866-828-8275 • taskca.org

Orange County, Early Head Start

714-241-8920 • ochsinc.org

Special Education Local Plan Areas (SELPA)

Greater Anaheim SELPA

Districts: Anaheim UHSD; Centralia SD; Cypress SD; Los Alamitos USD; Magnolia SD; Savanna SD
714-796-8960 • gaselpa.org

Anaheim Elementary SELPA

714-517-7525 • anaheimelementary.org

Irvine SELPA

949-936-5234 • iusd.org

Newport-Mesa SELPA

(714) 424-5059 • nmusd.us

North Orange County SELPA

Districts: Buena Park SD; Fullerton Elementary SD; Fullerton UHSD; La Habra City SD; Lowell Joint SD; Orange County Department of Education
714-641-5400 • ocde.us

Northeast Orange County SELPA

Districts: Brea-Olinda USD; Placentia-Yorba Linda USD
714-985-8710 • pylusd.org

South Orange County SELPA

Districts: Laguna Beach USD; Saddleback Valley USD
949-580-3411 • svusd.org

West Orange County SELPA

Districts: Fountain Valley SD; Huntington Beach CSD; Huntington Beach UHSD; Ocean View SD; Westminster SD
714-903-7000 • woccse.hbuhsd.edu

Tustin SELPA

(714) 730-7301 • tustin.k12.ca.us

Capistrano SELPA

949-234-9275 • capousd.org

Garden Grove SELPA

714-663-6233 • ggusd.us

Santa Ana SELPA

714-558-5832 • sausd.us

Milestone Moments



Milestones Matter!

Look inside for milestones to watch for in your child and tips for how you can help your child learn and grow.



This brochure was adapted and provided by:



Your Child's Early Development is a Journey

These are just a few of many important milestones to look for. For complete checklists for your child's age visit www.cdc.gov/Milestones or download CDC's free Milestone Tracker app.

